

# JSSC PILATES 2022

AT BODYROX

DAY	TIME	LEVEL	WITH*	DAY	TIME	LEVEL	WITH*	
<b>Mondays</b>	10.30am – 11.30am	All	NM	<b>Wednesdays</b>	5.10pm – 6.00pm	All	KC	
	5.30pm – 6.30pm	Beginners	KC		6.10pm – 7.00pm	All	KC	
	6.30pm – 7.30pm	All	KC	<b>Thursdays</b>	9.30am – 10.30pm	All	KC	
<b>Tuesdays</b>	9.30am – 10.30am	All	KC		10.30am – 11.30am	All	KC	
	12.00pm – 1.00pm	All	KC		12.00pm – 1.00pm	All	KC	
	1.00pm – 2.00pm	Gents Only	NM					
	6.00pm – 7.00pm	All	KC					
7.00pm – 8.00pm	All	KC						

\*Fallow time included

\*CLASS INSTRUCTORS: KC - Kelly Cornick, NM - Nigel Mann.

## DATES OF TERMS

Term 1 Monday 10th January 2022 – Monday 4th April 2022 (Half term 21st February - 25th February)

Term 2 Monday 25th April 2022 – Monday 18th July 2022 (Half term 30th May - 3rd June)

Term 3 Monday 5th September 2022 – Monday 12th December 2022 (Half term 24th October – 28th October)

## TERM PAYERS ONLY:

Term 1		12 week term	£174.00
Term 2	Mondays	10 week term	£145.00
Term 2	Tuesdays, Wednesdays & Thursdays	12 week term	£174.00
Term 3		14 week term	£203.00

## DIRECT DEBIT CHARGES: (EXCLUDING BEGINNERS CLASSES)

Annual Fee Mondays £43.50 per month

Annual Fee Tuesdays, Wednesdays & Thursdays £45.92 per month

**VENUE:** BODYROX, UNIT 1A LIBERTY WHARF, LA ROUTE DE LA LIBÉRATION, ST HELIER, JE2 3NY



SIGN UP TO OUR MONTHLY NEWSLETTER TO KEEP UP-TO-DATE WITH ANY CHANGES AND FOR EXTRA CLASSES!

Please contact the Clinic on (01534) 490312 or email [reception@physiojersey.com](mailto:reception@physiojersey.com) or go online to [www.physiojersey.com](http://www.physiojersey.com)

